



**Congratulations to our School Bands**  
Today we were the host to a concert with Loxton Primary and the Special School.

Dear Parents, Caregivers and Students,

Once again, amazingly we are almost at the end of another term. It has been a very busy and rewarding term with the highlights being the Riverland Choir, BOOKWEEK, Petticoat Lane, Band Performances, Footsteps Lessons, Footy Colours Day, visitors in classrooms, St Catherine's Visits, Prayer and Mass celebrations and assemblies. I would like to thank all the wonderful staff of our school who have worked so hard throughout the term for the children. We are very lucky to have such hard working and dedicated people working here. I also hope you all have a chance to have some sort of break over the holidays, even if it is only from the usual routine. If you are travelling to somewhere, take care and be safe. During this holidays I will be having minor surgery and will not return to school until the beginning of Week 3, all going well. Mr. Shaun Kelly will be taking care of the school as the Teacher in Charge during my time away and we will be finding a replacement this week to fill his 6/7 classroom responsibilities. As you can imagine this is frustrating for me but necessary if I'm to continue being-well in the future. Thanks for all the well wishes. *Ros Oates*

## OLOR SPORTS DAY

Due to the bad weather predicted for tomorrow the staff and I have come to the difficult decision of postponing Sports Day tomorrow. We understand this may have been inconvenient for some, however the health & welfare of all is our main concern. Taking into consideration the availability of venues and summer sports we will hold a slightly modified sports day on **Friday the 21<sup>st</sup> of October**. This will NOT be twilight as planned and held on the OLOR site all day. We will send out a program early Week 1. As you can imagine the staff and especially Mr. Cotter are disappointed. We ask that you support our decision, it was made taking on a lot of suggestions and we understand it won't suit everyone. We hope with this notice today that people have time to reschedule time off work and re-plan family members being able to attend.



**HAPPY HOLIDAYS**

School returns on Monday 17<sup>th</sup> October

## SPECIAL NEWS

### IMPORTANT DATES & INFORMATION

*Please update your diaries*

Week 10

Friday 30<sup>th</sup> September:

Assembly Led by Year 1 at 2.00pm

School concludes at 2.20pm

### OLOR School Canteen Roster

Please place your orders written clearly on a brown paper bag and bring to school with the correct money on THURSDAYS for a Friday delivery.

Term 3

**Week 10 – 30/9/2016  
NO CANTEEN**

Term 4

**Urgently looking for helpers in canteen for Term 4. Please contact the school office if you are able to assist phone 8582 1128**

**SAPSASA – Congratulations to our representatives this week for both Basketball and Athletics. Thank you to Mr. Cotter and parent support.**



### Student Health and Well-being

There are a number of very tired and I suspect ill children coming to school at the moment. There are also a number of students away with a head cold, virus with symptoms like a runny nose, headaches, nausea, loss of appetite, temperature and coughing. If your child displays any of these symptoms please keep them home and if they have severe symptoms, consult with your local doctor. We are doing everything possible to safe guard the spread of these colds and flu's however there is one particular virus that has got many of us and only rest at home will help with not spreading it to further families. Luckily holidays are just around the corner!

### Mark Le Messurier's Tip

As a parent it is useful to reflect on the mental-health habits that you promote in your children. The following five basic habits may sound like common sense, but as children's and your own, lives become busier these habits can easily be squeezed out.

- **Sleep:** Sleep is one of the building blocks of mental health and wellbeing. Your child needs between 10-12 hours sleep every night.
- **Exercise:** Exercise stimulates the chemicals that improve mood and release the stress that builds up over a day. How much exercise does your child get?
- **Help Others:** Helping others reinforces social connectedness and the importance of being part of a community, providing opportunities for positive recognition.
- **Talk:** A problem shared is a problem halved.
- **Relaxation:** Make sure your child has a hobby or activity that relaxes them.

### PARISH NEWS & COMMUNITY NEWS

Rose Week **Devonshire morning tea** Tuesday 18<sup>th</sup> October 10am – 12.30pm at Val and John Fewster's. \$5 admission to support Domestic Violence (new playground) RSVP 85821882 by 15<sup>th</sup> October.

Men's Retreat Sunday October 16<sup>th</sup> Mary Knoll Beetaloo Valley. 10.00am start and finishing with Mass at 3.00pm phone 86323977 for all enquiries.

The Loxton Show has secured the support of SA Dept. of Communities and Social Inclusion and Select Harvest, to have SciWorld present at this year's Loxton Show at Loxton Oval Complex - 2-3 October 2016.

Two Science Communications presenters will deliver:

- hands-on interactive activities, such as hands-on boxes exploring pin art, viscous fluids, Jacob's ladder, manacle madness, Mobius strip puzzle etc., just to name a few;
- a slime and science craft making zone, including making parachutes, exploring how chromatography works, make your own kazoo instruments;
- Science Shows, running some spectacular 30 minute science shows throughout the 2 days.

### Little Athletics Riverland/Barmera BARMERA LITTLE ATHLETICS CLUB

For 3-17 years  
COME 'N' TRY DAYS

Monday 17<sup>th</sup> October 5:30 – 7:00pm

Monday 24<sup>th</sup> October 5:30 – 7:00pm

At: Glossop High School Middle Campus Oval

Come 'N' Try Session are free

For more information follow us on Facebook OR  
Contact: Cilla Marsden on 0418 824 264

## Important Reminders Please Check these Updates

[www.olor.catholic.edu.au](http://www.olor.catholic.edu.au) or  
[www.facebook.com/olorverrantce](https://www.facebook.com/olorverrantce)

### SchoolStream App

The one stop shop for OLOR information

### Winter Uniform Stock Tri-state Renmark

Please check that your child/ren have the correct sizing for this winter. New stock of jumpers, tracksuit pants and long sleeved shirts are now available. Please allow time for personalised printing on the jumpers.

### New School Timetable

8.30: Children arrive at school  
8.50: Classes begin & Fitness  
**11:35: Early Lunch (10mins)**  
**11.45: Lunch Play**  
12.15: Classes resume  
**1.45: Afternoon Break (10mins)**  
**1.55: Afternoon Play**  
2.15: Classes resume  
3.00: Pack-up/clean-up  
**3.15: Dismissed**



### 2016 RE News

**Fr. Paul Bourke: 85821894**

**Fr. John Stuart James:**

**85882452 ~ 0419176514**

### MASSES TERM 3

Thursdays 9.00 am  
St Mary's Church

### New Weekend Mass Times

**Weeks 1,3 & 5 Sundays of the Month**

Berri 9am, Waikerie 11am, Loxton 11am,  
Barmera 6pm

**Weeks 1,3 & 5 Saturday night**

Morgan 6pm and Renmark 6.30pm

**Weeks 2 & 4 Sundays of the Month**

Renmark 9am, Morgan 9am, Barmera  
11am, Loxton 6pm

**Weeks 2 & 4 Saturday night**

Berri 6.30pm and Waikerie 6pm