Dear Parents, Carers and Students,

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Next week I will be away from the school attending and presenting at the Trans-tasman Australian Primary Principals Conference in Auckland, New Zealand. I’m fortunate to represent Primary (rural) Catholic Education on the executive committees of our State and National Catholic Education Associations (SACPPA and ACPPA). This has recently led to having a role on the National Primary Principals Association (APPA) in which I’m the SA Catholic representative. (APPA) is a national body of Primary Principals from across Australia for Catholic, Government and Independent primary schools. I’m privileged to be on these committees and provide a rural perspective at these meetings as well as assist in the decisions concerning primary education into the future. Term 2 is often the time of the year in which principals attend a number of leaders meetings and conferences to support our learning to improve our schools and to network and communicate with other principals, which is vital to our well-being. In my absence, Mrs. Rosemary Perre will be released from her classroom duties and will be available to support students, parents and teachers. Please contact the front office to speak with Rosemary if you have any questions or concerns during my absence.

Ros Oates

SunSmart

During the winter months of June and July, hats can go away! Being SunSmart is all about being “smart” when spending time outdoors in the sun, this includes having an understanding around the balance between UV exposure, sun protection and vitamin D.

During the summer period, maintaining vitamin D levels should be relatively easy for children who are active and spend time outdoors most days of the week, even with sensible sun protection. The body should be able to store your summer vitamin D levels over the winter period; however by leaving your hat at home during this low UV period and getting some winter sun exposure to your skin, you are more likely to maintain adequate vitamin D levels during this cold period of the year. In winter, by exposing some skin most days of the week during the lunchtime period (the middle of the day is best because UVB will be present), students and teachers should be able to maintain the bulk of their summer vitamin D. Of course there will be groups in the population that are at higher risk of having vitamin D deficiency. To read more about vitamin D visit Cancer Council website.

Scarves, Coats & Beanies

The cooler weather recently has seen the welcome emergence of scarves, coats and beanies. Please remember that these items should be navy blue. Please ensure these items are clearly marked with your child’s name.

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**OLOR SPORTS NEWS**

Congratulations Riley Herbert on being selected in the Riverland Boys Hockey Team. Riley will be heading to Adelaide for the SAPSASA Hockey State Carnival in Week 8. We wish him and the Riverland team all the best!

Luke Cotter Year 5 Teacher/PE Teacher/SAPSASA Co-ordinator

**WALK SAFELY TO SCHOOL**

Thank you to the parents, students and our SAPOL Liaison Officer Mr Ron Foulds for assisting with the children walking from the Berri Subway to OLOR. Also a big thank you to our friends from 5RM for meeting with us on the way.

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**RIVERLAND CATHOLIC SCHOOLS COMBINED MASS**

The four Riverland Catholic Schools enjoyed sharing a Mass Service which was celebrated by Fathers Paul Bourke and Father John Stuart James in the Our Lady of the River School Hall. This was followed by a fun packed afternoon of games and activities.

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**R.E. NEWS**

In preparation for Pentecost Sunday the Year 3 & 4 class have been learning about the Fruits of the Spirit and how the Holy Spirit helps us to make good choices. Father Paul spoke to the class in relation to the Holy Spirit. The children have made beautiful doves that are hanging in the class room.

Kaniesha – The Holy Spirit helping you when you are kind and loving.

Jorjette – The Holy Spirit lives in us and brings us joy every day.

**Special Visitor**

Next Thursday, 9.00 am during our Year 2 Mass we are fortunate to have Lulu Mitshabu from CARITAS AUSTRALIA coming along to speak to the children. Lulu now lives in Canberra but she is from the Democratic Republic of Congo. All families are invited to attend.

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**COMMUNITY NOTICES**

**RIVERLAND YOUTH THEATRE - May 29th**

- **Senior Acting Masterclass**
  - Time: 12-4
  - Cost: $20
  - Location: Lutheran Peace Hall
  - Hannah Boyle
  - Arts Administration Officer
  - Riverland Youth Theatre hannah@ryt.org.au | 08 8586 3437

**MONASH ART SHOW**

- Date: Sunday 29th May 2016
- Time: 11am-3pm
- Place: Monash Memorial Hall

  1.30pm Children’s book reading and artwork by Mary Talent
  2.00pm Official opening of new kitchen by Mayor Peter Hunt.

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**New School Timetable**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.30</td>
<td>Children arrive at school</td>
</tr>
<tr>
<td>8.50</td>
<td>Classes begin &amp; Fitness</td>
</tr>
<tr>
<td>11.35</td>
<td>Early Lunch (10mins)</td>
</tr>
<tr>
<td>11.45</td>
<td>Lunch Play</td>
</tr>
<tr>
<td>12.15</td>
<td>Classes resume</td>
</tr>
<tr>
<td>1.45</td>
<td>Afternoon Break (10mins)</td>
</tr>
<tr>
<td>1.55</td>
<td>Afternoon Play</td>
</tr>
<tr>
<td>2.15</td>
<td>Classes resume</td>
</tr>
<tr>
<td>3.00</td>
<td>Pack-up/clean-up</td>
</tr>
<tr>
<td>3.15</td>
<td>Dismissed</td>
</tr>
</tbody>
</table>

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**2016 RE News**

Fr. Paul Bourke: 85821894
Fr. John Stuart James: 85882452 ~ 0419176514

**MASSES TERM 2**

Thursdays 9.00 am
St Mary’s Church

**New Weekend Mass Times**

- **Weeks 1, 3 & 5 Sundays of the Month**
  - Berri 9am, Waikerie 11am, Loxton 11am, Barmera 6pm
- **Weeks 1, 3 & 5 Saturday night**
  - Morgan 6pm and Renmark 6.30pm
- **Weeks 2 & 4 Sundays of the Month**
  - Renmark 9am, Morgan 9am, Barmera 11am, Loxton 6pm
- **Weeks 2 & 4 Saturday night**
  - Berri 6.30pm and Waikerie 6pm